

Friday Saturday Night (under the) Lights...

Twenty - twenty

Happy ~~Friday~~ Saturday...

Today, Friday comes on a Saturday. Happens every once in a while...

But there are a few reasons. First, I wanted to be able to wish you a happy:

- National Step in a Puddle and Splash a Friend Day, or
- National Vision Board Day, or
- National Arkansas Day, or
- National Kiss a Ginger Day, or
- National Currie Chicken Day.

If I sent this yesterday, I'd only be able to wish you a Happy National Oysters Rockefeller Day.

So, there's that.

But more importantly, I had to wait until today to share something with you that was happening this afternoon...

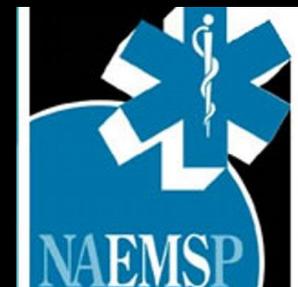
I'm attending the annual meeting of the National Association of EMS Physicians. It's actually my favorite personal meeting of the year – It's where I can learn about medicine specifically as it applies to our crazy, unique world of EMS. The research and discussions are all wrapped in the very different operational culture we live in. It's fun for me to be with like-minded docs, clinicians and leaders in the field of EMS. The stories are, of course, legendary and I always leave with a powerful renewed love for the world we work in.

At the Annual Awards Luncheon, held today, individuals are recognized for their contributions to the profession as well as the art & science of EMS.

There are Awards for the best research presentations, quality initiatives and tireless work to improve the practice of out-of-hospital medicine.

One Award is the Ronald Stewart Award – named for an amazing physician who was an early pioneer in our profession. The Award recognizes an individual for lifetime achievements in the field of EMS. It is arguably the most coveted Award from NAEMSP.

Today, at 1230 in San Diego, that Award was given to our very own Lynn White...



10 January 2020



Lynn was recognized for her work in EMS Research, NEMSAC, the AMR Foundation for Research & Education grants for research and NAEMSP attendance, and her ability to continuously seek to better understand how we can improve our ability to care for the acutely ill and injured patients that we are entrusted to care for as well as strengthening the infrastructure that helps us formally address the evidence and change our practices...

She's a gifted leader that's made our world a better place. The Award is spot on...

Congrats, Lynn...

- **No Flu for You...**

I had several people ask me this week if it was too late to get a Flu Shot.

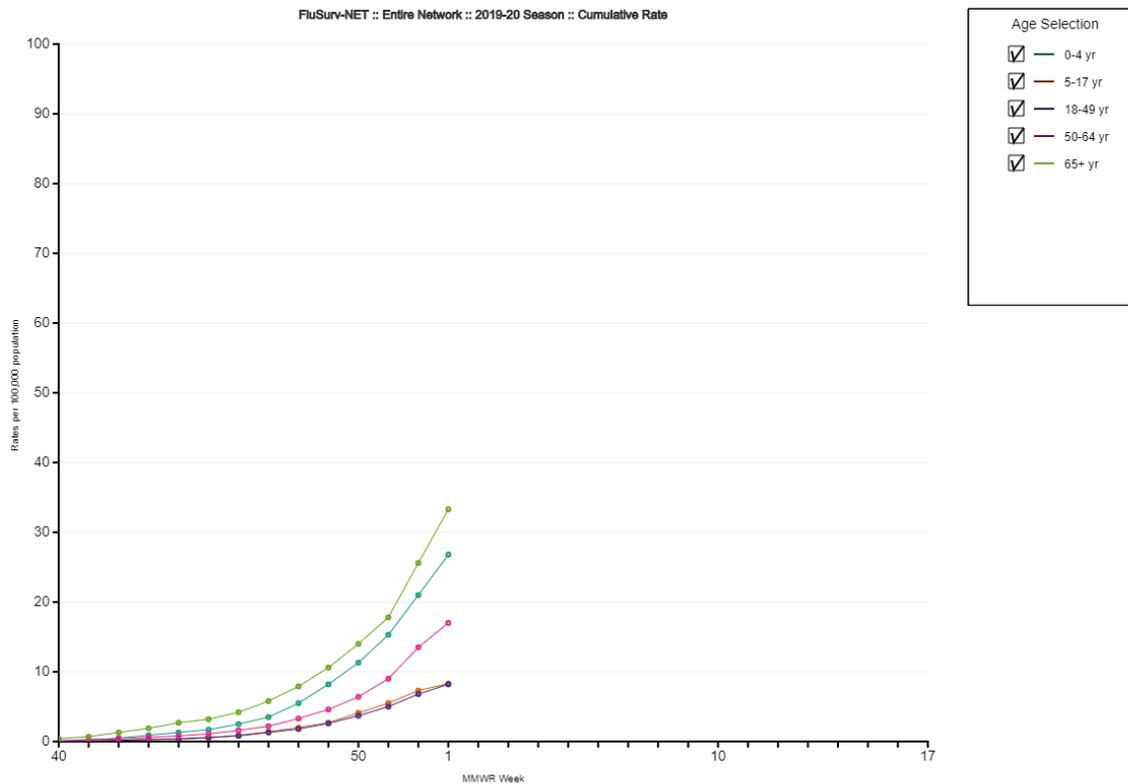
Absolutely not.

While the current season vaccine isn't as effective as last year's in targeting the actual strains of influenza making people sick, it's still better to get the flu shot (even with the reduced specificity) than not be vaccinated

Remember, this is the time of the season when flu starts to really increase and flu hospitalizations really crank up. Here's the data this week from CDC:

Laboratory-Confirmed Influenza Hospitalizations

Preliminary cumulative rates as of Jan 04, 2020



Please get your Flu Shot if you haven't already...

Like *today*.

▪ *Size matters...*

Thanks for all your notes after last week's FNuL btw. I appreciate hearing from the many reaches of EMS around the country.

Of particular note, Randy Lauer [GMR Ground – Oregon] who retired from 32 years in the Coast Guard (thanks for keeping us safe buddy...) let me know that the US Coast Guard has 38,000 members. Just like GMR.

So, if we hire just one more colleague, we'll be larger than the Coast Guard.

Larger Than The US Coast Guard.

Impressive. Maybe we lobby for an Annual Coast Guard – GMR Bowl?



- **GMR Life...**

This was from the massive GMR donation to the people of the Bahamas post-hurricane this Fall.

A nice visual of "Caring for the World at a Moment's Notice"...



- **What the...?**

I stumbled upon tonight's WTH in Niagara Falls NY while I was on a mission to visit the hospital I was born in...



Now. I'm certainly no expert in this field, but, of all people, shouldn't THEY know???



- *Epilogue...*

Michael Arinder was talking with his wife the other day, and says, "You know, our son got his brains from me."

His wife replied, "He must have. I've still got mine with me!"

So, that's it from my World. *Happy Saturday...*

Thanks for what you do to make the world a better place, day by day, person by person, event by event and time after time. What we do certainly has its challenges.

It's nice to know the folks we do it *with* make it so much more enjoyable.

Ed

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