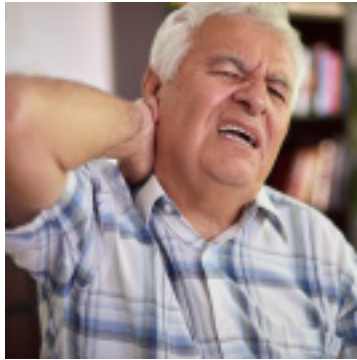


SAFETY TIPS: CHEST PAIN SAFETY



More than 50 percent of people suffering from chest pain either drove themselves or had someone drive them to the hospital rather than calling 911.

American Medical Response recommends that instead of reaching for the car keys, pick up the phone and dial 911 for professional medical care and transport.

It's a phone call that could save your life, especially if you are experiencing any of the warning signs of a heart attack including:



CHEST PAIN



**SHORTNESS
OF BREATH**



**SWEATING FOR
NO APPARENT
REASON**



**DISCOMFORT
IN THE ARM,
BACK OR JAW**

Emergency crews can begin vital diagnostic tests and medical treatment for heart problems and can continue the treatment while en-route to the hospital.

If a patient's heart stops, the crew can use a defibrillator on board the ambulance and can start cardiac arrest treatments immediately.

For more information visit amr.net/safety

www.amr.net | 855.267.0911

