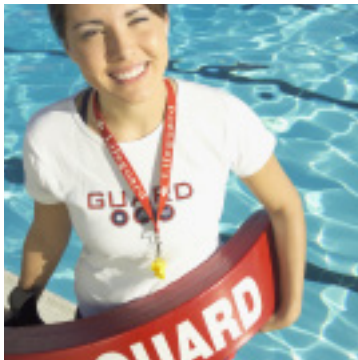


SAFETY TIPS: POOL SAFETY



An afternoon spent at a swimming pool is a great way to enjoy time with the family, especially for energetic children. However, it's important for parents and children to remember to be safe while in the water.

The experts at American Medical Response offer these safety steps to assure that a fun afternoon at the pool stays fun. Important actions to take at the pool:



Watch children at all times



Keep children away from pool drains, pipes and other openings to avoid entrapments



Know the basics of life-saving, including CPR



Keep a cellphone close



Learn how to swim, and teach your child how to swim



Share safety instructions with family, friends and neighbors



Teach children basic water safety tips

From Memorial Day through Labor Day, at least 202 children between the ages of 1 and 14 drowned in a swimming pool or spa in the United States last year, according to the USA.

Swimming Foundation. Of those, 143 of the victims were children under the age of five. Each year more than 3,200 children younger than five are taken to hospital emergency departments due to injuries obtained in pools and spas.

If a child is missing, look for him or her in the pool first.

For more information visit amr.net/safety